

Symptom Checklist

Client: _____

Age: _____

Please check any of the following symptoms that apply to your child:

I.

- Fidgets
- Difficulty remaining seated
- Easily distracted
- Difficulty awaiting turn
- Often blurts out answers to question before completed
- Difficulty following instructions
- Difficulty sustaining attention
- Shifts from one activity to another
- Difficulty playing quietly
- Often talks excessively
- Often interrupts or intrudes on others
- Often does not listen
- Often loses things
- Often engages in physically dangerous activities

II.

- Often loses temper
- Often argues with adults

- Often actively defies or refuses adult requests or rules
- Often deliberately does things that annoy other people
- Often blames others for own mistakes
- Is often touchy or easily annoyed by others
- Is often angry or resentful
- Is often spiteful or vindictive
- Often swears or uses obscene language

III.

- Stolen without confrontation
- Run away from home at least twice
- Lies often
- Deliberate fire-setting
- Often truant
- Breaking and entering
- Destroyed other's property
- Cruel to animals
- Forced someone else into sexual activity
- Used a weapon in a fight
- Often initiates physical fights
- Stolen with confrontation
- Physically cruel to people

IV.

- Unrealistic and persistent worry about harm to attachment figures
- Unrealistic and persistent worry that a calamitous event will separate the child from attachment figure
- Persistent school refusal
- Persistent refusal to sleep alone
- Persistent avoidance of being alone
- Repeated nightmares re: separation
- Somatic (physical) complaints
- Excessive distress in anticipation of separation from attachment figure
- Excessive distress when separated from home or attachment or attachment figures

V.

- Depressed or irritable mood most of day, nearly every day
- Diminished pleasure in activities
- Decrease or increase in appetite
- Insomnia or hypersomnia
- Psychomotor agitation or retardation
- Fatigue or loss of energy
- Feelings of worthlessness or excessive inappropriate guilt
- Diminished ability to concentrate
- Suicidal thinking or attempt

VI.

- Depressed or irritable mood for most of the day x Iyear

- Poor appetite or overeating
- Insomnia or hypersomnia
- Low energy or fatigue
- Low self-esteem
- Poor concentration or difficulty making decisions
- Feelings of hopelessness
- Not without above symptoms for greater than 2 wks. over a 1 year period